

Project Chicken Soup

Los Angeles Jewish AIDS Services

Letters From Our Clients

Dear Cathryn and everyone at Project Chicken Soup:

I had to stop and write you this note about your food. Cathryn, as you know, today was my first delivery of food. First of all, I was amazed at how heavy the food bag was that I got. But I am getting ahead of myself.

Let me start with the timing of my delivery and how things got to me. Because of where I live, the property gate is almost always locked and people need to call to be let in. The delivery volunteer and his daughter did just that; they called me on their cell phone and let me know they were there and needed to deliver my food.

When I got outside, I was greeted by a great smiling man with his daughter in the car. He asked me to sign a form saying that I was accepting the food. I alerted him that my landlord and wife were on the nosy side and he assured me that when asked, the only information he would give someone other than me was that he had meals for me. That was a weight off my mind as my landlord and wife don't know of my medical status and I would like to keep it that way.

Now, getting to the food. Once I got things unpacked, I dove into the chicken and mashed sweet potatoes, sampling them first with my mouth watering from the taste. How wonderful! The chicken piece was big and juicy and not dry at all, and had a great taste and flavor to it, along with the mashed sweet potatoes.

I then sampled all of the salads and the two soups. I realize that you are cooking for lots of patients who need to watch their sodium intake. I added some salt to both of my soups and by far they were delectable. I had the squash soup along with the beet salad for dinner on Sunday night and you rocked my world. I know that beets for some are an acquired taste and glad to say I love them.

Another thing that I am amazed at is the containers that were used to deliver the food in; way better than the paper ones I used to get. This makes food prep and clean up so much easier for me.

Thank you so much for what you have done for me; truly from the bottom of my heart when I say thank you over and over again.

PCS Client

Is It Sunday, Yet?

I was diagnosed with HIV in 1986 and stayed relatively healthy until 2002, when I developed AIDS and had to go on SSDI. Simple chores like cooking became difficult. When I heard about PROJECT CHICKEN SOUP, in 2003, I became a client. I look forward to the Sunday(s) when I receive nutritious (kosher) meals prepared with love, that nourish my body and soul. I'm not sure if it's my medication or the chicken soup or both, but today, my T-Cells are in the high 300's and my viral load is undetectable! Thank you, PCS for helping to restore me to a manageable quality of life.

Forever Grateful,
Ira S.

PS: I also look forward to Mollie's phone calls (and her holiday knishes).

Dear Project Chicken Soup

I just wanted to take a moment to thank you, for your selfless hard work, healthy/kosher, and delicious meals you provide to people in need, myself included. Your staff and volunteer phone operators, drivers and cooks are always professional, warm, and compassionate, i.e., literally a God send.

Since 2002 I've had the pleasure to experience your wonderful meals, and gifts.

Words are not enough to express my gratitude. I wish you all God's blessing, and I pray that you continue on with the much needed and appreciated service you provide. Thank you ever so much.

Sincerely,
Your Biggest PCS Fan, T.H.

Los Angeles
Jewish AIDS
Services/
Project
Chicken Soup

Hanukkah 2008

is a non-profit organization which provides nutritious, kosher meals to people living with HIV/AIDS in Los Angeles County, in observance of the Jewish commandment of tikkun olam, healing the world through service to humankind. Project Chicken Soup provides *nechama* - comfort - to those in need, regardless of race, religion or creed, and provides a connection to the Jewish community.

Cooking location:

338 N. Fairfax, Los Angeles 90036

Mailing Address:

P.O. Box 480241
Los Angeles, CA 90048
(323) 933-5402

visit our website:

www.projectchickensoup.org



Bags decorated for Thanksgiving by children ages 3 and up as part of Temple Judea's Mitzvah Day, waiting to be packed with meals for clients.

To all of you!

I would like to thank you for all the delicious food you have been giving me for all these years. It is cooked with so much love and care and affection that it tastes like food from a fine restaurant. I always look forward to my bi monthly delivery.

To all the many wonderful volunteers, both visible and invisible, who work so tirelessly to make food for those who are financially strapped or too sick to cook for themselves. I want to thank you from the bottom of my heart.

Mollie, you are very special to me. You always take the time to inquire about my health and what my week was like, before you go on with your duty of confirming that I will be home on delivery day. Your volunteers who deliver the food to my doorstep are always very kind with a smile on their face.

I consider myself very lucky to be a recipient of your generosity and giving, without which it may have been hard to stay alive all these years.

May he give you all a long and healthy life and godspeed.
A Grateful Client

Do you shop at Ralphs? Do you have a Ralphs Rewards Card?

Ralphs will donate a % of your purchase receipt total to Project Chicken Soup. Please join us in this fundraising effort, at no cost to you.

ANNUAL RENEWAL BEGAN ON SEPTEMBER 1, 2008 for the current Ralphs Community Contribution Term (9/1/08-8/31/09). We are no longer able to register for you. You may still register yourself online at www.ralphs.com (please enter 82145 for Los Angeles Jewish Services "NPO" number), or you can follow the simple steps below:

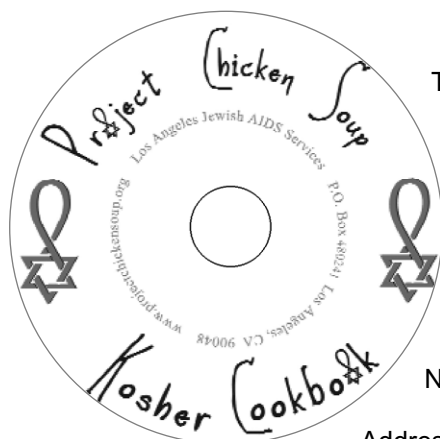
Take this form with you the next time you go shopping at Ralphs. Hand it to the cashier to scan with your order IN ADDITION to either your Ralphs Rewards Card or the phone number entry that is linked to your Rewards Card.

You only have to scan this form ONCE to create the link between our organization's bar code and your Rewards Card. You must continue to scan your card/enter your phone number during all purchases for Project Chicken Soup to receive credit.

Thank you for your continued support!!



Once Again for Hanukkah!



The Project Chicken Soup **Kosher Digital Cookbook** has been released. Increase your donation by \$10.00 [plus \$3.00 S&H] and you will receive a CD filled with delicious kosher recipes compiled from the collections of our very own PCS volunteers. Create meals from fabulous categories including: Starting Out, Breaking the Fast, Main Ideas, and Sweet Endings. And what PCS cookbook would be complete without a section of the very same recipes we cook twice a month for our clients: Cooking for 100!

What a great holiday gift for all those cooks on your list!

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ No. of CD's _____

Payment \$ _____ Check Credit Card

Credit Card Number _____

Expiration Date _____ Mastercard Visa

Signature _____



Contents of a typical food bag for clients. Photographs by Frances M Ozur Cole.

Cooking Dates

Save these dates for the rest of
2008

December 7 and December 21

2009

January 4 and January 25
February 1 and February 22

The rest of 2009's cooking dates
will be posted soon!